

Moving the Profession Forward: Music and Medicine in Concert

7th Annual MTABC Conference



Saturday, October 25, 2014

Capilano University, Library Building

Program Schedule

8:30 – 9:00am Registration Room 321

9:00 – 9:30am Welcome Room 322

Mayumi Holbrook – MTABC Conference Chair, Intuitive A Cappella Choir

9:30 – 11:00am Keynote Address Room 322

"The Unbelievable Journey: Choices, Challenges & The Unexpected"

Dr. Deforia Lane, PhD, MT-BC

Explore the personal and professional journey of a music therapist – from the classroom to the clinic. Dr. Lane will share the invaluable and poignant lessons learned from those with whom she's worked –children and adults with developmental disabilities, patients with mood disorders, cancer, stroke and addictions. She will be transparent about her struggles, misgivings, joys and those unforgettable ah-ha moments. Prepare to be an active participant, as she believes first hand experience is the best teacher.

11:00 – 11:30am Coffee Break Room 321

11:30 – 12:30pm Presentation Room 322

"Music Therapy and Physiotherapy Working in Partnership for Children with Development Disorders – The Value of Collaboration"

Kim Ross, BA, BMT

Janet Ross, BPT

In this presentation, we will explore the value of working together by sharing video clips and discussing specific children with varying development challenges. We will discuss treatment approaches and the benefits to the child, family, and therapists. A good partnership between music therapy and physiotherapy is more than the sum of its parts.

12:30 – 1:30 pm Lunch Room 321

Join us for lunch and networking!

1:30 – 2:30pm

Presentation

Room 322

"Music and Memory: An Evidence-Based Review on Music Therapy in Alzheimer's and Dementia"

Dr. Robin Hsiung, BSc (Hon), MD, MHSc, FRCPC, FACP

While it has been observed that music memory is relatively preserved even at severe stages of dementia, it is only recently that we are able to understand the biological mechanism of this memory with novel brain imaging techniques. We will explore the biological mechanisms of music memory and how it affects patients with dementia, as well as review the current evidence of music therapy for patients living with dementia.

2:30 – 2:45pm

Break and Raffle Draw

Room 321

2:45 – 4:15pm

Panel Discussion

Room 322

"Collaboration"

The panel will be discussing the importance of collaboration between the health professionals and creating strong working relationships. How can music therapy contribute in collaborative work? Bring your questions to the panel with diverse interest.

Olga Kastioukevich, MTA, M.M.

Deforia Lane, PhD, MT-BC

Michelle Oucharek-Deo, BFA, BCATR, RCAT

Katherine Wright, MA, MTA, RCC

Susan Summers, PhD, AVPT, NMT, MTA - Moderator

4:15 – 4:30pm

Conference Closing

Room 322

Evaluations: Please take a few minutes to fill out the presenter evaluation form before you move on to the next presentation. Also, please fill out the conference evaluation form to help in planning future conferences.

Presenter Biographies



Deforia Lane, PhD, MT-BC

Dr. Deforia Lane serves as Director of Music Therapy at University Hospitals Case Medical Center's Seidman Cancer Center. With early intentions of pursuing a singing career she completed her bachelor's degree in vocal performance at the University Of Cincinnati College Conservatory Of Music and began graduate studies at the prestigious Curtis Institute of Music. She attended the Cleveland State University for her master's degree and earned her Ph.D. in music education from Case Western Reserve University. She holds board certification as a music therapist and is certified by the American Music Therapy Association for Faculty Authorization.

Dr. Lane has designed and implemented music therapy programs for such diverse populations as the mentally handicapped, abused children, geriatric clients, behaviorally and psychiatrically disturbed adult and pediatric cancer patients and the terminally ill. Among the institutions that she has served as consultant are the National Endowment of the Arts, the Mayo Clinic, Ohio Hospice Organization, Sesame Street Workshop and the National Department on Aging.

Dr. Lane is spokesperson for the American Cancer Society for which she composed and recorded the song "We Can Cope." Public notice of her work extends from recognition to publication in *Oncology Nursing Journal*, *Reader's Digest* and *Coping Magazine* to forums such as National Public Radio, cable news Network, CBC This Morning and Wall Street Journal TV, and the Today Show. Some of her many awards include the first grant from the American Cancer Society to investigate the therapeutic effects of music on oncology patients, the Oncology Nursing Society's Mara Mogensen Flaherty Lectureship Award and the Cleveland Negro Business and Professional Women Award. In 1994 Dr. Lane received honorary membership into the Oncology Nursing Society – the highest honor they confer.

Her book, **Music as Medicine**, provides a window into the challenge and the courage she encounters daily in the world of health care. She is the mother of two, wife of one and continues to learn how to sing her life's song.

The Intuitive A Cappella Choir (IACC) consisting of five music therapists offers conference delegates an *a cappella* experience of chants, improvisation and/or toning, for both the rare pleasure of singing together and a deepening of our conference experience. The choir offers this experience as a self-care model for music therapists – authentic expression through our own healing voices within a like-minded community.

Valerie Bird, BMT, BEd, AVPT, MTA,
Shannon Ingersoll, BMT, MTA,
LaRee Mohr, BMT, BEd, MTA,
Karin Roberts, MAMT, AVPT, RMT (UK), MTA,
Susan Summers, PhD, MMT, AVPT, NMT, MTA



Dr. Robin Hsiung, BSc (Hon), MD, MHSc, FRCPC, FACP

Dr. Robin Hsiung is a cognitive neurologist, Associate Professor at the University of British Columbia, Division of Neurology/Department of Medicine, the Brain Research Centre, and an executive member of the Consortium of Canadian Centres for Clinical Cognitive Research (C5R). His current research involves biomarkers analysis and exploration of genetic and risk factors in neurodegenerative disorders. He has been involved in a number of large scale clinical trials on Alzheimer Therapeutics, the Alzheimer Disease Neuroimaging Initiative (ADNI), and his work has contributed to the discovery of two major genes, progranulin and C9ORF72, responsible for familial frontotemporal dementia. He is currently conducting a randomized controlled trial on music therapy in Alzheimer Disease with colleagues Drs. Kevin Kirkland and Claudia Jacova.



Janet Ross, BPT

Janet has been a practicing physiotherapist for over 35 years, specializing in Development Pediatric Physiotherapy. She has worked in a variety of settings, including early intervention, developmental centres, rehabilitation hospitals, schools and NICU. She currently has her own private practice *Physiotherapy for Babies and Children* in Chilliwack, BC.

Janet has a holistic, family-centred approach to therapy, with a desire to connect with the child and to promote active participation in quality of life activities. She has been a clinical educator and has developed workshops and presented at conferences.

Kim Ross, BA, BMT

is a recent graduate of the Music Therapy program at Capilano University, and has a BA in Psychology and Music from the University of British Columbia. Her main instruments are the piano and voice. Having grown up seeing the positive impact that her mother had as a physiotherapist on her clients and their families, she is excited to now be working alongside her, incorporating her passion for music into the sessions.





Olga Kastioukevich, MTA, M.M.

I have discovered my true passion when I started the Bachelor of Music Therapy program at the Capilano University in 2004. Since then, I have been on the amazing path, and for many great things that have come my way I need to give credits to the music therapy program and its faculty. The program not only taught me necessary skills to become a music therapist, but they also inspired me and made my experience life transforming. Along my path, I continue meeting inspirational and wise mentors from whom I cannot stop learning.

For the most of my music therapy career, I have worked with older adults in long term care facilities, and my main priority is to recognize strengths of each person and build on those strengths. I am also passionate about music in rehabilitation, and music's ability to contribute to people's function. My passion led me to receiving Master of Music with focus on Neurologic Music Therapy from Colorado State University, and then I was fortunate to study Occupational Therapy at the University of British Columbia, hoping to maximize my skills when working with people on maintaining or improving their function and engagement in meaningful activities. Today, I look into the future in hopes to merge the skills I have acquired and collaborate with many health professionals in promoting people's function, occupation, and wellbeing using music.

Michelle Oucharek-Deo, BFA, BCATR, RCAT

Michelle is a registered art therapist and supervisor who has been in private practice for 20 years. She has attained additional training in the fields of grief and loss through the Centre for Loss and Life Transition in Fort Collins, CO and recently completed her training as a Horticultural Therapist. Michelle offers workshop on both Breaking into the Business of Art Therapy and on multiple aspects of Grief and Loss. She is president of the BC Art Therapy Association and sits as the Vice-Chair for the Federation of Associations for Counselling Therapists in British Columbia (FACTBC). She is also a sessional instructor at the Vancouver Art Therapy Institute and the Adler School of Professional Psychology. www.van-artexpression.com



Susan Summers, PhD, AVPT, NMT, MTA

Susan is on faculty at Capilano University's music therapy department, and has over twenty-six years of clinical work experience as a music therapist with adults and older adults in community settings, residential complex care, special care, hospice care, adult daycare and in private practice. Susan is involved in leadership on the boards of MTABC, Music Heals, Arts Health Network Canada/Arts Health BC and FACTBC. She has specialized training in vocal psychotherapy and neurologic music therapy, and has been an invited instructor in Germany for the past twenty-four years. Susan has been involved in dementia care research at UBC, and has completed her PhD in Leadership and Change through Antioch University, researching singing as a healing influence for change and transformation.



Katherine Wright, MA, MTA, RCC

Katherine is an Accredited Music Therapist and a Registered Clinical Counsellor. She has worked as a Music Therapist at GF Strong Rehabilitation Centre since 1997, primarily in the Acquired Brain Injury, and Adolescent and Young Adult Inpatient Programs. She received her Bachelor of Music Therapy degree from Capilano University in 1997. In 2008 she received her Master's in Counselling Psychology from the Adler School of Professional Psychology. As well, she has taken specialized training in Neurologic Music Therapy in Colorado and has her Level I training in Guided Imagery and Music.

Katherine has facilitated education groups for families and survivors of brain injury and stroke, and has served on the Vancouver Community Disability and Rehabilitation Ethics Committee for nearly 10 years.

She has been a guest speaker for the Capilano University Music Therapy Program for many years, and recently was invited to speak at the UBC PWIAS International Roundtable: *Bending the Knotted Oak: Music Therapy and Music Cognition Research in Management of Neurological Disorders*.

Katherine is a past board member of both the Canadian Association of Music Therapy, and the Music Therapy Association of British Columbia.

Conference Committee: Adam Carabine, Mayumi Holbrook, Michaela Wallis, Co-Chairs

Volunteers: Nejama Ferstman, Kristie McCracken, Rachel Nolan, Annette Rolleman

Music Therapy "ROCKSTAR"



Music Therapy "SUPPORTERS"

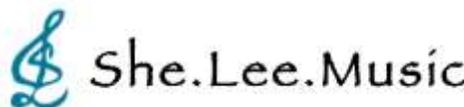


HEALTH SCIENCES ASSOCIATION
The union delivering modern health care



CAPILANO
UNIVERSITY

Music Therapy DONORS



Kevin Kirkland
Liz Moffitt
Rueben Gurr



For other services and events offered by MTABC please visit
www.mtabc.com