

# Moving the Profession Forward: Advocating for the Future

5th Annual MTABC Fall Conference



**Saturday, October 27, 2012**

**Capilano University, Library Building**

## Program Schedule

**8:15 – 8:30 am      Registration      Room 321**

**8:30 – 9:00 am      Welcome      Room 322**

### **Greetings:**

MTABC Conference Chair, Mayumi Holbrook

CAMT President, Amy Clements-Cortes

MTABC President, Susan Summers

**9:00 – 10:30 am      Keynote Address      Room 322**

### ***Applying the Game Theory to Building Partnerships***

**Johanne Brodeur**, PhD, MTA

This address will offer ideas how to apply the Game Theory to our profession and will explore how to build partnerships through establishing sustainable relationships in our community in order to move the music therapy profession forward and advocate for the future.

The Game Theory by John Nash, the Nobel Prize-winning scientist, is perhaps best known from the movie, "A Beautiful Mind". The theory was initially designed as a mathematical and economic framework to analyze conflict and resolution between rational decision-makers applying strategic decision-making.

The theory evolved as an umbrella term and is endorsed by political and evolutionary sciences, as well as many humanistic professional groups studying behaviours.

Outside the pure economic context, most research in game theory focuses on how people interact and implement rigorous strategic thinking to succeed in business and in life.

**10:30 – 11:00 am** *Coffee Break*

**Room 321**

**11:00 – 12:30 pm** **Presentation**

***Shifting to Entrepreneurial Thinking***

**Room 322**

**Patricia Lambert**, Project Manager, Capilano University BOSS Practical Entrepreneurship Program

How we think about what we want to do; who we want to do it with; and the way we want to do it impacts our success; the opportunities we embrace; and the choices we make. And entrepreneurial mindset opens possibilities; clarifies intentions; and just plain works!

**12:30 – 12:45 pm** ***Greetings from our star sponsor***  
***Roland Canada, Paul McCabe***

**Room 322**

**12:45 – 1:45 pm** *Lunch*

**Room 321**

**- Join us for lunch and network -**

**1:45 – 2:45 pm** **Concurrent Sessions:**

***Regulating Music Therapy: Creative or Constraining?*** **Room 322**

**Glen Grigg, PhD, RCC**

Professional regulation often conjures visions of rule-books, requirements, and scary inspectors with demanding checklists. However, progressive forms of regulation, where members of a profession agree to a code of ethics, a standard of practice, and a mechanism of accountability can have the effect of freeing the creative energy of a professional group. Regulation, done right, can provide a professional identity that has currency with government, with employers, with clients, and with educators. Furthermore, the scope of practice given to a profession is governed by that profession, and this can become the safe haven for creativity and innovation. This presentation explores how this kind of regulation can be achieved, and the benefits we can all derive from it.

***Music Therapists in the Healthcare System: Leading From Where You Stand***

**Room 317**

**Laura Cross, MA, BMT**

This presentation will discuss leadership and the importance of being a mindful leader as a Music Therapist and clinician in health care. We will explore how leadership relates to the music therapy world, the importance's of making yourself more visible, understanding systems thinking in the health care system, and how emotional intelligence is needed for quality leadership. We will cover a Pan-Canadian leadership framework for healthcare called LEADS and focus on the five principles of leadership as outlined by Kouzes and Posner.

**2:45 – 3:00 pm**

***Break***

**Room 321**

**3:00 – 4:00 pm**

**Panel Presentation**

***Entrepreneurship, Leadership, Professional Identity and Advocacy***  
**Room 322**

**Johanne Brodeur, PhD, MTA**

**John Mews, MA, MTA**

**Brian Deo, BMT, MTA**

The panel members will discuss topics covered by our conference speakers. Whether you are thinking about starting your own practice, already running a practice, a working music therapist or a student, this is a great opportunity to share the wisdom of these dynamic professionals.

**4:00 – 4:15 pm**

**Conference Closing**

**Room 322**

***Evaluations: Please take a few minutes to fill out the presenter evaluation form before you move on to the next presentation. Also, please fill out the conference evaluation form to help in planning future conferences.***

## Presenter Biographies



**Johanne Brodeur**, PhD, MTA, holds a doctorate in Health Science, Music and Music Therapy and is an accredited music therapist in Canada. She is the head of the Music Therapy Department and of the Children's Music Department at the Victoria Conservatory of Music. Dr. Brodeur has been a clinician specializing in pediatric music therapy for over 25 years. She is a past President of the Canadian Association for Music Therapy. She has lectured internationally, is a published author and has served on numerous regional, national, and international music, music therapy, and health associations' boards of directors. Dr. Brodeur is the recipient of the Franni Award and the Norma Sharpe Award.



**Amy Clements-Cortes**, PhD, MTA, MT-BC, FAMI is Practice Advisor/Senior Music Therapist at Baycrest Centre in Toronto, working with clients in the hospital and nursing home and supervising internship placements. At present she also coordinates the music therapy program at the University of Windsor and is a sessional instructor at University of Windsor and Wilfrid Laurier University. Amy is President of the Canadian Association of Music Therapy, and Clinical Commissioner for the World Federation of Music Therapy. Amy owns and operates *Notes By Amy: Music therapy and performing arts services*.



**Laura Cross**, MA, MTA, graduated from Royal Roads University with a Master of Arts in Leadership Healthcare (2011). Her education also includes a Bachelor of Business Administration from Simon Fraser University, a Bachelor of Music Therapy through Capilano University and a Graduate Certificate in Health Systems Leadership from Royal Roads. As a practicing Music Therapist for 12 years, Laura worked with a wide variety of populations in both in her private practice and in a unionized position with Vancouver Coastal Health (VCH). She continues to work with VCH most recently as a Regional Practice Support Leader in the Primary Health care Network, where she works with family physicians as a quality improvement coach.



**Brian Deo**, MTA, graduated with his Bachelor of Music Therapy from Capilano University in 1997 and joined Van-Art Expression after becoming accredited in 1998. His work in many long-term care facilities and the North Vancouver School Board has given him the opportunity to work with both geriatrics and special needs children respectively. Brian also has a busy private practice working with children and adults in the field of mental health.



**Glen Grigg**, PhD, RCC, coordinates and teaches in of the Masters of Counselling program at City University of Seattle in Vancouver, B.C., teaches family therapy at the Justice Institute of B.C., and is a therapist in private practice. Glen is a director of the B.C. Association of Clinical Counsellors and is also the British Columbia representative Canadian Counselling and Psychotherapy Association's national committee for psychotherapy standards. Glen's research is about therapist decision-making and clinical supervision.



**Patricia Lambert**, BA. First and foremost, Patricia is an Entrepreneur - that means she is a risk-taker, a creator, an implementer... and sometimes, a bit crazy. As Project Manager for BOSS and C-Suite Entrepreneurship Programs at Capilano University, Patricia shifts thinking through instruction, mentorship, and coaching. She measures success by the successes of the entrepreneurs in her programs. Patricia is Executive Producer for SHINE, a Vancouver based internet television series that incites people to debate, create and illuminate.



**John Mews**, MA, MTA, has established both a strong knowledge basis as well as the practical skills to successfully work with a variety of children on the developmental disabilities spectrum. In 2004 he established Mewsic Moves, a company dedicated to improving the quality of life of its clients. His empirical skills have been recognized by both families and professionals to be effective in assessing and developing critical communication, socialization, self-expression and motor development skills. After completing his Masters Degree in Counseling Psychology in Marriage and Family Therapy, he began providing counseling to couples, families, and siblings who are facing everyday life with a family member who has developmental disabilities. John felt his practice needed to add family counseling services, having seen firsthand the many challenges faced by families of children with special needs.



**Paul McCabe** is the President and CEO of Roland Canada Ltd., a world-leading manufacturer of high-technology electronic musical instruments and audio-visual production tools. Paul has more than 25 years of experience in the musical instrument industry, is a musician, composer, sound designer, husband, father, and geek. Paul and his family believe wholeheartedly in Roland's vision for Better Life With Music; they love sharing the joy of music-making with family, friends, and strangers!

**Conference Committee:** Mayumi Holbrook (Chair), Susan Summers and Stephen Williams.

**Volunteers:** Valerie Bird, Maddie Bourdages, Nejama Ferstman, Katherine Graff and John Mews.