

Moving the Profession Forward
Music Therapy Conference Program • •
Capilano University
October 24, 2009

9:00 a.m. **Keynote Panel** LB 322

“Moving the Profession Forward: Creating, Maintaining, and Growing Music Therapy Employment”

Noreen Donnell, MMT, MTA

Sandy Pelley, BA, BMT, MTA

Beth Clark, MEd, MMT, MTA, MT-BC

Moderator: Stephen Williams, MTA

The Keynote Panel will discuss their thoughts and experiences on creating Music Therapy employment, how to maintain employment in potential times of program and health cuts, and how to grow employment over time. This panel has a wide variety of experiences, ideas, and ways to approach Music Therapy employment. We are particularly pleased these three presenters have made themselves available for this presentation. The Keynote Panel will open the experience up to the conference participants for a larger discussion, questions, and experiences.

10:15 a.m. Coffee Break LB 321

10:45 a.m. **Concurrent Sessions:**

- **Using the Voice in Early Intervention Autism** LB 322

Presenter: Esther Thane, MTA

This presentation centers on how to use the therapeutic voice to connect with young clients (Autism- early intervention). Often times in therapy, external forms of music seem to fall short in engaging the child with Autism and we are left with the voice to create personal connection. Often singing during improvisation can reinforce ideas and emotions felt. The presenter will discuss the use of song, both used as ritual and in improvisation in her sessions. Extensive video examples will compliment concepts presented. •••

▪ **Chinese Songs for Seniors** LB 214

Presenters: Lennie Tan, FAMI, MTA, and Sheila Lee, MTA

Join us as we share some of the treasures that our Chinese elders have given to us through our work as Music Therapists. We have compiled their stories and music in our songbook, "Singing under the plum blossom tree". The book will include traditional, folk, and popular songs in Mandarin and Cantonese. This is a special opportunity for you to preview the book and provide suggestions before we print our final copy. Orders will be taken on the day of the presentation.

12:15 p.m. Lunch (45 minutes) LB 321

Join us for lunch, network with other Music Therapists, and talk with people that you don't know. •

1:00 p.m. **Concurrent Sessions:**

▪ **A Guided Imagery and Music (GIM) Experiential** Fir 119
Presenter: Noele Bird, FAMI, RCC, MTA

Guided Imagery and Music involves a relaxed listening state where

you can be guided by the classical music in your imagery, sensations and experiences. Noele will take the group through a relaxation experience, and then she will allow the music to guide you. This experience will include Mandala work to bring meaning to your imagery. This is an experiential presentation.

- **Community Music Therapy in Community Mental Health**

Presenter: Sue Baines, MTA LB 322

This presentation will examine the community music therapy approach used in community mental health settings with persons with major mental illness by this presenter. Program consumer perceptions collected through surveys and interviews will be highlighted. As well, staff and management surveyed perceptions of the program will be presented. ••••

2:00 p.m. Break

2:15 p.m. **Plenary Session:**

- **blueballoon Health Services: A Multi-Disciplinary Approach**

Presenter: Noreen Donnell, MTA LB 322

“blueballoon Health Services” held its first Occupational Therapy session just over 4 years ago. Since that pivotal day, the company has expanded from one discipline to seven, and has opened three sites in Ontario. Poised to expand on both a national and international level, the model of delivering quality, integrated programmes for both individual and groups, is an intriguing and profitable business model. A review of the history and vision of blueballoon, as well as music therapy case examples within the blueballoon model will be presented.

3:30 p.m. **Conference Closing** LB 322

Facilitator: Susan Summers, MTA •

Presenter Biographies:

Sue Baines, MMT, MTA. Music Therapist. Sue has been working in mental health and long term care for many years. She is also a performer, an internship supervisor, and teaches at Capilano University. Sue completed her Masters in Music Therapy from New York University. She has published a number of articles in Music Therapy and other disciplinary publications. Sue has taught workshops across Canada, in the United States and South Africa.

Noele Bird, BMT, FAMI, RCC MTA. Guided Imagery and Music. Noele began her career as a Music Therapist working with children who have a variety of difficulties. Noele then trained in the Bonny Method of Guided Imagery and Music (GIM), and began shifting her clinical attention to GIM. Noele teaches in the Capilano University GIM certificate program. Noele was a keynote speaker at the 2006 CAMT Conference in Windsor. ••••

Beth Clark, MM, MT-BC, MTA. Music Therapist. Beth works at the Children's Hearing and Speech Centre of B.C., Canuck Place Children's Hospice, the North Shore Family Bereavement Program, Hamber House Adolescent Day Treatment Program and with individuals in private practice. Beth has created a variety of employment opportunities throughout her career as a music therapist and educator. She has also taught at Capilano University in the Music Therapy program and at UBC in the Faculty of Education. Beth has speciality training in Neurological Music Therapy and Neonatal ICU Music Therapy, and is pursuing Registration with the BC Association of Clinical Counsellors.

Noreen Donnell, MMT, MTA. Music Therapist. Noreen is the managing director of blueballoon Music Therapy. She received her Honours Bachelor of Music Therapy and Masters of Music Therapy, both from Wilfrid Laurier University (1988, 2003). She is a part-time faculty instructor and practicum/internship supervisor at Wilfrid Laurier University. She has worked with individuals and groups of all ages, and currently specializes in children with autism, Down Syndrome, acquired brain injuries, and communication disorders. Noreen is currently writing and co-producing a CD of clinical songs.

Sheila Lee, BMT, MTA. Music Therapist. Sheila's passion for the arts and its amazing ability to promote positive change within others has led her to a career in Music Therapy. She studied psychology at UBC before beginning her Music Therapy journey at Capilano University. Her main areas of interests include developmental delay, brain injury, rehabilitation, and working with children and seniors. Fluent in English and Cantonese, she enjoys using songs to gradually help her improve her Mandarin!

Sandy Pelley, BA, BMT, MTA. Music Therapist. Sandy owns Creative Music Therapy Solutions Inc., a company that offers locum services to those on leave from their employment. She now also provides permanent work as well, as she has created Music Therapy positions where there had been no work before. She has fifteen Music Therapists working in her company. Her company also includes a Music Therapy instruments store specializing in instruments with therapists and their clients in mind, www.musictherapysuite.ca. Sandy works with adults, the elderly and children in her practice; she is also the Accreditation Chair with the CAMT. ••••••••

Lennie Tan, LLB (Hons), MTA, FAMI. Music Therapist. What started as a challenging learning experience in her first Music Therapy job has evolved to become a life-long journey of

discovery, connections and precious moments with music. In her close to 15 years at Mount Saint Joseph Residential Care, Lennie is finding her own cultural roots with the generosity and openness of the residents. Lennie also works in palliative care, acute psychiatry and oncology. She works in private practice where music and other tools facilitate change and transformation in her clients. Music and the clients she serves continue to be her best teachers!

Esther Thane, BMT, MTA. Music Therapist. Esther's specialization for the past 13 years has been with Autism - specifically early intervention. She holds a long standing contract with the North Vancouver Schools, and maintains a private practice for pre-school and older children with Autism Spectrum Disorder at her North Vancouver studio. She is a voice instructor in the Music Therapy program at Capilano University. She frequently presents at conferences on topics such as: Neurology and Music, and Music Therapy behavioural management. She also performs and records regularly with the vocal ensemble- Pandora's Vox. •

Many thanks: to the conference committee: Stephen Williams, Susan Summers, Sheila Lee, Nejama Ferstman, Emily Teng and Valerie Bird.

Evaluations: Please take a few minutes to fill out the presenter evaluation form before you move on to the next presentation. Also, please fill out the conference evaluation form to help in planning future conferences.

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