

**Moving the Profession Forward:
Collaboration in Changing Times
6th Annual MTABC Fall Conference**



Saturday, October 26, 2013

Capilano University, Library Building

Program Schedule

8:15 – 8:30 am **Registration** **Room 321**

8:30 – 9:00 am **Welcome** **Room 322**
Mayumi Holbrook, MTABC Conference Chair
Intuitive A Cappella Choir

9:00 – 10:30 am **Keynote Address** **Room 322**

From the Lone Ranger to Dr. Seuss: The Many Hats of a Music Therapist

Susan Summers, MMT, AVPT, NMT, MTA

You have brains in your head
You have feet in your shoes
You can steer yourself in any direction you choose
(Oh! The places you'll go, 1990)

Being a Music Therapist has many rewards, and many unique challenges. We are passionate about making a difference in our client's lives and believe strongly in the power of music to heal and make change. We see magic happen in our sessions and often are witness to the amazing resiliency of the human spirit under duress. But our work sites and clientele are in a constant state of evolution and change. Many of us work with clientele with complex needs. We all wear many hats and have busy lives. We respond to the many questions people have about Music Therapy, constantly educating others about our field and advocating for our profession. We manage our own websites and billing, are our own admin assistants and roadies, and write proposals for ongoing funding to support our existing work or create new work. We can feel the hurt and isolation of being misunderstood or misrepresented, or under-valued and under-hired as health authorities re-organize.

You are invited to engage in this unique, creative and interactive experience based on Dr. Seuss and his many hats. Come prepared to share your "you-erness" through creative art projects, discussion and self-reflection.

Today you are you
That is truer than true
There is no one alive
Who is you-er than you!
(Dr. Seuss, Happy birthday to you, 1959)

Dr. Seuss's wisdom can be a guiding light for us as we increase our awareness of untapped strengths, expand networking possibilities unique to us, and form new relationships within our community.

10:30 – 11:00 am *Coffee Break*

Room 321

11:00 – 12:00 pm **Presentation**

You Want What I'm Selling, and Here's Why

Room 322

Gemma Isaac, BMT,MTA

Gemma is very excited to present on the theme of "Moving the Profession forward: Collaboration in Changing Times". As a recent Music Therapy graduate from Capilano University, Gemma has created a permanent part time Music Therapy position at VGH in addition to a growing private practice. Her workshop will describe the process of collaboration with other disciplines, and community members that helped to advance the cause of Music Therapy in the hospital setting. Furthermore, Gemma will facilitate group discussions on how to create your special niche of Music Therapy work effectively using invaluable resource of peers and colleagues within your environment.

12:00 – 1:00 pm

Room 321

**- Join us for lunch and networking-
- and RAFFLE DRAW!-**

1:00 – 2:00pm

Noisemaking 101

Room 322

Chris Brandt, Executive Director of Music Heals

The danger in not talking is that no one knows you exist. Making noise about Music Therapy doesn't need to infringe on client confidentiality, or even involve asking anyone for support. The goal is simply to be on people's radar. How can we create emotional investment in the work Music Therapists among the general public, and make use of a long term strategy to raise awareness and support? Cowbell not required.

2:00 – 2:15 pm

Break

Room 321

2:15 – 3:15 pm

Panel Presentation

To Music Therapy ----- and BEYOND!

Room 322

Martin Howard, MA, MTA, RCC,
D. Louise Whitehead, BMus, MMT, MTA,
Rob Gill, BMus (Music Therapy), MHA

Be prepared to be inspired and motivated by the members of this panel, who have been movers and shakers in the Music Therapy Community--- and Beyond! Each member has a unique journey to share about developing their professional skill sets and honing their proficiencies to propel them towards their specialty – all while balancing a coffee cup in their hand.

3:15 – 3:30 pm

Conference Closing

Room 322

Evaluations: Please take a few minutes to fill out the presenter evaluation form before you move on to the next presentation. Also, please fill out the conference evaluation form to help in planning future conferences.

Presenter Biographies



Susan Summers, MMT, AVPT, NMT, MTA

When Susan first heard of Music Therapy in 1984, she knew she had found the profession she would be in for the rest of her life. For twenty-five years, Susan has worked clinically in residential complex care, adult daycare and in hospice care. She is on faculty at Capilano University and has offered her leadership to the boards of CAMT, MTABC, Music Heals and the Arts Health Network Canada. She has specialized training in vocal psychotherapy and neurologic Music Therapy, and has been an invited instructor in Germany for the past twenty years.

As a country kid from Alberta, Susan learned the importance of community and of creating and maintaining connections. In her role as president of MTABC over the past six years, she has initiated supporting partnerships with many external organizations such as VISI, Roland and HSA.

Now in her fourth year of a PhD in Leadership and Change program through Antioch University, Susan is expanding her knowledge about the importance of leadership and studying change theory, researching the healing influence of singing for change and transformation.

Gemma Isaac, BMT, MTA

Along with her other credentials, Gemma is certified in Neurologic Music Therapy from the Neurologic Music Therapy Training Institute at Colorado State University.

As the Music Therapist at the *Burns, Plastic and Trauma Unit (BPTU)* at VGH, Gemma facilitates Music Therapy programs for patients, their families, and healthcare staff alike. Currently she is involved in designing and facilitating research with the patients and staff on the BPTU.



Gemma is the President-elect for The Music Therapy Association of BC and is a member of The Canadian Music Therapy Association, The American Music Therapy Association, the World Federation for Music Therapy, Canadian Association of Burn Nurses, and the Trauma Association of Canada. Gemma also has a small private practice working with a range of clients such as children with special needs and leading stroke recovery groups.

Gemma is excited to present her workshop about creating fulfilling Music Therapy work and how powerful collaborating with other Music Therapist colleagues and creating alliances with fellow interdisciplinary healthcare providers and champions for Music Therapy can nurture ones growing practice.

Presenter Biographies



Chris Brandt, Executive Director Music Heals

As Executive Director and Co-founder of (www.musicheals.ca), a foundation supporting Music Therapy related initiatives across Canada. Music Heals manages the iPod Pharmacy, Caring Concerts, A Night Out For Music Heals, and other original programs. He spent 3 years as the President of the Board of Directors for Music BC, a non-profit society administering endeavours such as the Peak Performance Project and the 2009 Juno Awards.

With 10 years' experience at Universal Music Canada, Chris managed the sales, promotion and marketing of over 6,000 releases a year. In 2004 he launched his own independent record label, and his passion for the local scene led him to gain additional experience in band management; as the Music Editor for a local publication; a contributing editor for another magazine; and as the host of an independent radio show for well over a decade.

Chris is the creator & instructor of the Music Business program at BCIT, and was previously the department head and authored the curriculum for the Music Business program at the Nimbus School of Recording Arts.

In his other life, Chris teaches regular yoga workshops in meditation, Contact Partner Yoga, and The Business of Yoga; and weekly Yin yoga classes at YYoga. His prayer beads give him magical powers and he knows what you are thinking right now.

D. Louise Whitehead, BMus, MMT, MTA

Louise is an Accredited Music Therapist who has been working in the field for over 25 years. After graduating from Capilano College, Louise worked in a variety of clinical settings with children, adolescents, adults and older adults and settled into two part time positions.

Her first job was at Riverview Hospital (Provincial Mental Health Facility) where she worked from 1988 until the doors closed in July 2013. Currently she works at Sunny Hill Health Centre for Children on the Acute Rehabilitation Team.

Now that she is working two days a week, Louise has just bought a piano, is taking piano lessons and is enjoying more time with her husband and kitties.



Presenter Biographies

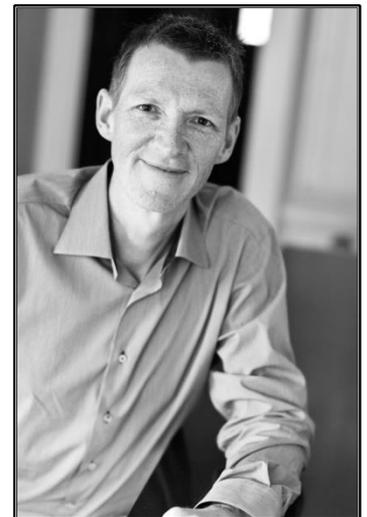


Rob Gill, BMus (Music Therapy), MHA

Rob completed a Bachelor of Music (Music Therapy) at the University of Queensland, Australia. He worked as a Music Therapist for about 8 years, primarily in residential care but also with brief stints working in palliative care and with adults with disabilities. After several years as a Music Therapist, he began searching for different challenges within the Health Care sector. To support this change, Robert completed information management and business courses at BCIT, and then began working as a system analyst at Fraser Health (FH). Robert graduated from the UBC MHA program in 2010 and since that time has worked in progressively challenging leadership roles within Home Health in FH. He is currently the Manager, Clinical Services, overseeing the Day Program for Older Adults portfolio.

Martin Howard, MA, MTA, RCC

Martin is an accredited Music Therapist and a registered clinical counselor currently working in private practice with children, adolescents and adults. He has been an instructor in the Music Therapy Program at Capilano University for the past twenty years. Before starting in private practice Martin worked for fourteen years as a Music Therapist with children and teens in two school districts. He has lectured and conducted workshops on various aspects of Music Therapy and counseling at many conferences, locally and internationally.



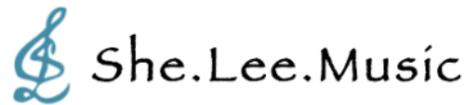
Conference Committee: Mayumi Holbrook, Chair
Karin Roberts, Angie Ji, Angela Wan, Marni Brechin,

Volunteers: Shannon Ingersoll, Lucy Cross, Caitlin Smith, Jennifer Read

Thank you to our Music Therapy "Supporter"



Thank you to our Donors



For other services and events offered by MTABC please visit

www.mtabc.com