



We Play the Drums Today: Encourage children to play the drum at appropriate times by following gestural and verbal cues from the leader. Take turns being the conductor while singing and playing the drums together.

Cristin Bostrom, MTA, is an energetic and compassionate Music Therapist working in the Lower Mainland and the Fraser Valley. For the past 4 years, she has been working with school-aged children and adults with special needs, seniors in care facilities, and hospice patients and their families. She uses her skills as a songwriter, pianist, guitarist, and singer in her practice to encourage and support her clients.



Get Yer Ya-Ya's Out - Songwriting to Express Self and Be Heard:
Co-writing a song with clients who may often feel unheard

Kim Brame, MTA, has 25 years of work experience with infants to teens in Great Britain and Canada. During the last 8 years she has developed her music therapy private practice in Vancouver, including children with a variety of developmental delays, behavioural concerns, and children affected by HIV/AIDS.



You Tell the Story: Assisting children in illustrating, creating, and singing new verses to Iza Traponi's illustrated version of the *Itsy Bitsy Spider*. This intervention has been effectively used with children in an oral deaf education program (deaf/hard of hearing, cochlear implants, hearing aids and residual hearing).

Beth Clark, MM, MTA, MT-BC, is a Music Therapist in private practice in Vancouver who holds Master's degrees in Music Therapy and Music Education. She works with children, youth and families to address needs related to palliative care, bereavement, and mental health, as well as neurological, developmental, social, behavioural and sensory issues.



Drumming motivates learning: Using 6 different colored drums and a whiteboard, utilize drumming to promote pacing, impulse control, gaze shifting, eye tracking, as well as communication/language skills through drumming syllables of words.

Chelsea French recently completed her Music Therapy internship in which she had the opportunity to creatively use music with kids with Autism, as well as in mental health. She is especially passionate about working with children and youth and is excited to have recently joined “Mewsic Moves.”



Clave for Kids: The role of mirror imaging in clave; the use of montuna as a self-esteem builder.

Katherine Graff, BFA (Music), is currently completing her music therapy internship at MTC Studio. She has had numerous original compositions performed at the Sonic BOOM music festivals, West Coast Composers Symposiums and on CBC Radio Two and CiTR.



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Don Hardy, MTA, is a graduate of Open University of B.C. (Capilano program 1992) whose further studies include the National School of Music (Havana) and the William Osler School for Autism (Santiago de Cuba). He maintains a busy private practice and is a well respected jazz musician and composer in Vancouver.



Loop Sampling: Using a microphone with a guitar loop sampler, Martin will show you how easy it can be to sample any sound (voice, instrument, environmental noises) and create your own multiple, overlapping loops.

Martin Howard, MA, MTA, RCC, has been an instructor in the Music Therapy Program at Capilano University for the past 17 years. He has worked as a Music Therapist with children in schools for 14 years. Martin is also a Registered Clinical Counsellor and is currently working with children, youth and families in a “shared care” demonstration project which brings therapy services into physician’s offices.



Nothing to Recording - Everything You Need to Know From Set Up to Recording in Less Than 10 Minutes: How to set up basic recording equipment, and create an audio recording of your project to give to your clients

Erin Johnston, MTA, has been working as a Music Therapist at BC Children's Hospital for the past 9 years. A member of the Child Life Department, she supports children and youth in the oncology, hematology and bone marrow transplant program. Over the past 5 years, she has been making use of portable recording technology to help patients write and record their own songs and music videos about their experience with hospitalization and cancer treatment.



The Echo: A song and/or improvisation based activity using the concept of the echo to promote developmental processes as they relate to personal and social awareness

Lucinda Johnston, BMus, BMT, has been teaching music and providing music therapy to children and youth for over 5 years in daycares, private music schools, and elementary & secondary schools all over the lower mainland. She also works with adults with mental health and addictions challenges.



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Michelle Lawrence, MM, MTA, NMT, MT-BC, currently works at the Victoria Conservatory of Music running a preschool program for at-risk preschoolers and parents, and in Vancouver at the BC Children's Hospital.



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John Mews, BMT, has established both a strong knowledge basis as well as the practical skills to successfully work with a variety of children on the developmental disabilities spectrum. In 2004 he established Mewsic Moves, a company dedicated to improving the quality of life of its clients who live with daily challenges caused by brain injury or developmental disorders. His empirical skills have been recognized by both families and professionals to be effective in assessing and developing critical communication, socialization, self-expression and motor development skills.



No more pain to turn take! Using one simple pre-composed song and a cymbal, help children work on maintaining their attention span, listening skills and sharing the musical space with others

Emily Teng, MMT, MTA, BMus, graduated with a master's degree from Nordoff-Robbins Music Therapy Centre (London, UK) and a bachelor's degree in music from UBC. She has worked with many different client groups such as children, palliative care and mental health. She is also an active musician.



Iconics in Music: A music book of varying textures is “read” to recorded music. Clients are encouraged to follow along by touch to the music, while exploring pleasing tactile sensations. This activity promotes sensory stimulation, pacing, auditory & visual attention, while providing a quiet space for self regulation.

Esther Thane, MTA, works with special needs children, specializing for the past 12 years in early intervention Autism. She holds a long standing contract with the North Vancouver School District and maintains a private practice for children with Autism at her music therapy studio in North Vancouver. Esther is also a voice instructor for Capilano University's Bachelor of Music Therapy Program.