

# Defining Music Therapy

9th Annual MTABC Conference



Saturday, November 5, 2016  
Capilano University

## Program Schedule

8:30am Welcome and Announcements LB 322

9:00am Keynote Presentation LB 322

**Dr. Jane Edwards PhD, RMT**

**“Expansion and Constriction in Music Therapy Professionalization:  
The Role of the Definition”**

Picking up on the theme of the conference, the keynote will discuss the role of definitions in communicating about, and promoting music therapy in a range of contexts. Jane will present research findings about the ways music therapists can fit into teams, and will reflect from her own experience strategies that work in creating long term successful relationships with organizations.

10:30am Break

11:00am Concurrent Presentations (choose one)

**“Professional Identity: Therapist Values through the Lens of Social  
Activism”**

Stephen Williams, MTA

LB322

As an established Music Therapy profession in Canada, we have shared ethics, a scope of practice, strong clinicianship, ongoing research and a thriving professional membership. At this point in our profession, it may be time to re-examine our identity as therapists. Through the lens of his own social activism, Stephen will suggest our profession needs a stronger reflection on the link between our personal values and our role as therapists. Using examples from his own life, you will be guided through a series of personal reflections.

**“Influence of Music Therapy on Residents with Dementia in Residential Care Facilities”**

Madeleine Bourdages, BMT, MTA, MA Candidate

LB 319

This qualitative research study explores the influence of group music therapy sessions on engagement, social interaction and enjoyment in residents with dementia. Data was collected through focused ethnographic observations and interviews, and together, provide a rich and in-depth understanding of the process and outcomes related to group music therapy. The findings of this study provide substantive insights on the role of music therapy in improving the quality of life for residents with dementia and have practice implications for music therapy programming in care homes.

**“Vocal-Led Relaxation:  
Demonstration, Discussion, and Adaptations.”**

Supriya Crocker, MTA BMT BSC

FR 119

If you're looking for piano and vocal techniques to target goal areas of pain, anxieties, and depression for your clients, come join this presentation. While you lie supine on a mat, Supriya will demonstrate Esther Thane's published model of vocal-led relaxation. Afterwards, she will discuss basic physiological, cognitive and biological responses to this technique and talk about adaptations for working with seniors and adults. Participants also will get to talk about specific modifications to target their client's needs. Be ready to relax, feel rejuvenated and engage in discussion!

12:30pm

**Complimentary Lunch**

LB 321

Join us for lunch and networking!

1:45pm

Concurrent Presentations (choose one)

**“The Ethical Use of Client Images and Information in the Promotion of Music Therapy Practice”**

Susan Summers, PhD, AVPT, NMT, MTA

LB 322

Nicole Burgess, BMus, MTA

Susan and Nicole serve on the CAMT ethics committee exploring the ethical use of client images and information in promotion of our practice. The presenters will discuss the initial findings of the CAMT committee, sharing how we can promote our work in social media and on our websites, the potential for harm for our clients, how other professional organizations are using client images, and how to obtain informed consent. This information is relevant for all music therapists, students, and interns and will include time for discussion.

**“GIM in the World of Music Therapy”**

Liz Moffitt, MA, RCC, FAMI, Primary Trainer of BMGIM

FR 119

Noele Bird, MMT, RCC, FAMI, Associate Trainer

This presentation will discuss where GIM fits within the broader context of the Music Therapy field, helping to define the field of Music Therapy. It will include a brief description of the underlying principles of the Bonny Method of GIM as a model of Music Therapy as well as adaptations of GIM. We will present a short demonstration of this 1-1 method and offer a group imaging experience for all participants to explore their own experience through music and the potential benefits of this method.

3:00pm

Break and Raffle Draw

3:30pm

Panel Presentation

LB 322

**“Sharing Beyond the Team: Publishing your Clinical Experiences”**

Sue Baines, PhD, MTA

Jane Edwards, PhD, RMT

Carolyn Kenny, PhD

The panel of seasoned clinician/researcher/scholar/authors will present their personal stories of the process of bringing their music therapy practice to publication. Through this experience, participants will learn how to expand the way they organize and document their practice to include a research focus that can readily lead to publication. A spectrum of research methodologies will be discussed and tips on how to get the writing process started and completed will be offered. Participants will have the opportunity to consult the panel regarding their publication dreams.

4:45pm

Conference Closing

LB 322

Please take a minute to fill out the conference evaluation forms prior to leaving this afternoon.

Thank you for joining us today!

## Presenter Biographies



**Dr. Jane Edwards, PhD, RMT**

Jane is an international leader in music therapy. Her practice, theoretical, and research contributions can be found in research publications, books, and on web site contributions. Jane is Editor-in-Chief for The Arts in Psychotherapy. She is the President of the International Association for Music & Medicine. She currently serves on the editorial board of Journal of Music Therapy. She is a national committee

member for UN Women, Australia. She is an non-executive director for a not-for-profit adult mental health service, Pathways, and for a hospital board in Footscray, Melbourne.

In 2016 The Oxford Handbook of Music Therapy edited by Jane Edwards was published by Oxford University Press. Comprising 50 chapters written by some 70 authors and co-authors, the book marks the contemporary field of music therapy as an internationally established, multi-theoretical, and evidence based profession. Through 2015 Jane was guest editor for the Journal of Music Therapy special issue on Arts Based Research. She also was co-guest editor for a special issue of Voices on Medical Ethnomusicology and Music Therapy.

Currently Jane is Associate Professor of Mental Health at Deakin University in Melbourne Australia. She has responsibility for developing a suite of new postgraduate courses in mental health. Her first success has been in developing Australia's first Master level training in Child Play Therapy offered by an Australian university, with first intake in 2015. Previously she has led and taught music therapy training courses in Australia (at the University of Queensland), and in Ireland (at the University of Limerick).

As an expert in qualitative methods for healthcare research, and as an experienced service developer and clinician, Jane can provide inspiring and thought provoking talks and workshops to small groups, conference plenaries, and practitioner meetings on a wide range of topics.



**Sue Baines, PhD, MTA, FAMI**

Sue teaches in the Bachelor of Music Therapy program at Capilano University. Dr. Baines has practiced music therapy with persons with diverse physical, emotional, social, and spiritual concerns in many settings. The focus of her research is integrating social justice with music therapy practice. Since 1994, Dr. Baines has practiced in Vancouver and currently serves persons in long term care and persons in crisis with dual-diagnosis intellectual deficit/mental health.

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**Noele Bird, MMT, RCC, FAMI, Associate Trainer**

Noele is a Fellow of AMI, Associate Trainer of AMI, Accredited Music Therapist and Clinical Counsellor who specializes in bereavement work and palliative care. Noele assists with trainings being offered by the Inner Journey with GIM Program and is a program individual therapist and supervisor.

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**Nicole Burgess, MTA**

Nicole is a music therapist working in hospice and complex care, an advanced trainee in the Bonny Method of Guided Imagery, serves as the MTABC ethics chairperson and is a member of the CAMT committee on the ethical use of client images and information in promotion.



### Carolyn Kenny, PhD

Carolyn Kenny, PhD, is Professor Emerita at Antioch University and previously held the position of professor of First Nations Education at Simon Fraser University, Senior Researcher at the Institute for Social, Behavioral, and Economic Research at the University of California Santa Barbara, Associate Professor in First Nations Education at Simon Fraser University and Visiting Professor at many universities in Canada, Europe, and Japan.

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### Supriya Crocker, MTA BMT BSC

Supriya Crocker is a music therapist and music educator in Victoria, BC. Her clients range from children to seniors, dealing with cognitive, emotional and behavioral challenges. Supriya is on a journey of building insight and developing her articulation to the specifics of “why” (why does music therapy work?). She is sometimes known to get goose pimples of excitement when talking about the resounding impact that aptly used music therapy interventions have on our bodies and brains.

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### Susan Summers, PhD, AVPT, NMT, MTA

Susan is a music therapist, vocal psychotherapist, instructor at Capilano University, is the Director of Government Relations on the MTABC board, and is the co-chair of the CAMT committee on the ethical use of client images and information in promotion.





### Madeleine Bourdages, BMT, MTA, MA Candidate

Maddie is an accredited music therapist with six years experience working with older adults. Her private practice, "Howe Sound Music Therapy", is based out of Squamish and serves clients from Vancouver to Whistler. Maddie is also working on a master's degree in gerontology through Simon Fraser University and is studying music therapy and dementia. Maddie loves the outdoors and enjoys hiking, biking and rock climbing with her husband, friends, and family.

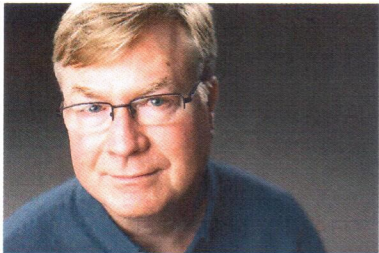
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### Liz Moffitt, MA, RCC, FAMI, Primary Trainer of BMGIM

Liz is a Fellow of AMI, and a Primary Trainer, endorsed by the Association for Music and Imagery, AMI. She taught in the Capilano University Music Therapy program for 35 years and has conducted all the levels of GIM trainings in Canada for 15 years. She is also a Registered Clinical Counsellor, an Accredited Music Therapist and Gestalt Therapist who works with adults in private practice. She offers GIM trainings across Canada through the Inner Journey with GIM.Ca Training Program based in Vancouver.

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### Stephen Williams, MTA

Stephen is an educator and therapist. He has been a Music Therapist for almost 30 years. He has taught in the Capilano University's Bachelor of Music Therapy program for the past 25 years. Stephen has been on both the CAMT and the MTABC boards, and currently is on the FACTBC board for counsellor regulation. He has held a variety of leadership roles in and outside the profession of Music Therapy, including as a faculty representative on Capilano University's Board of Governors.

## Music Therapy Supporters

