Workshop Invitation: Creative Clinical Improvisation

MAY 5; 1:00PM-3:00PM
ESQUIMALT, BC
15-1882 COLVILLE ROAD (SILVER BOW STUDIO)



This workshop is a structured and supported time to connect with your creativity and explore how it is expressed in clinical improvisation. Through guided experiences, participants will be encouraged to tap into their own creativity, and bring this into clinical improvisation, envisioning new ways of being for themselves and their clients.

Themes for the day include:

- Connecting with your own creativity
- Integrating your creative impulses into clinical improvisation
- Listening, play and vulnerability
- Guided group improvisation experiences
- Support in your clinical improvisation practice

For Music Therapy Clinicians, Interns and Students.

- All improvisational comfort levels are welcome from beginner to experienced. There are no technical requirements: we are opening our hearts to music!
- Bring the instrument(s) you would like to work with. All instruments are welcome.

Please register at Eventbrite Registration https://mtabcspring.eventbrite.com



Deborah Seabrook PhD(C) MMT MTA is a music therapy educator, researcher and clinician interested in links between creativity and well-being. She has taught music therapy at Wilfrid Laurier, Concordia and McGill Universities. www.deborahseabrook.com